

## Basic Futsal Rules

It's important to remember that the **normal rules of football** apply with a few exceptions as follows:

### Teams

- Teams start with 5 players on the pitch including goalkeeper.
- Up to 5 subs are allowed.

### Duration

- 12 mins per match

### Substitutions

- Teams are allowed *unlimited* substitutions during the course of the game.
- The substitutions can *only* take place at the substitution ZONES- an area in team's own half.
- The referee does not have to be notified, however, the substitute can only join the play when his team mate has fully left the pitch through the subs zone.

### Ball out of play

- When it goes out over the sidelines, the ball is **kicked** back in (ball must be positioned ON THE LINE). Opponents must be 5 metres from the ball.
- Players have 4 seconds to do this or the kick in will go to the other team.
- When the ball goes out wide over the end lines, the Goalkeeper **throws** the ball back into play.
- Normal corner kick rules apply.

### Fouls

- No sliding tackles – except goalkeeper in his arc area.
- No shoulder charges
- All free kicks indirect except when awarded for above type fouls.
- Opponents must be **5 metres** from the ball.
- 5 fouls committed, a 6m penalty is rewarded to other team